

Academic Program for *Big Fat Disaster* by Beth Fehlbaum

Activity 1: The Truth About Eating Disorders - Research

Introduction

Research eating disorders either individually, in pairs, or in groups of 4. Groups of 3-4 allow for maximum use of resources and time ensuring that everyone will do their work.

TEKS

English 1 - 1a, 1b, 1e, 2a, 9a, 9b, 9c, 9d, 10a, 10b, 13a, 13b, 13c, 13d, 13e, 15a, 16a, 16b, 16c, 16d, 16e, 17a, 17b, 17c, 18a, 18b, 19, 20a, 20b, 21a, 21b, 21c, 22a, 22b, 22c, 23a, 23b, 23c, 23d, 23e

English 2 - 1a, 1b, 1e, 2a, 9a, 9b, 9c, 9d, 10a, 10b, 13a, 13b, 13c, 13d, 13e, 15a, 16a, 16b, 16c, 16d, 16e, 17a, 17b, 17c, 18a, 18b, 19, 20a, 20b, 21a, 21b, 21c, 22a, 22b, 22c, 23a, 23b, 23c, 23d, 23e

English 3 - 1a, 1b, 1e, 2a, 9a, 9b, 9c, 9d, 10a, 10b, 13a, 13b, 13c, 13d, 13e, 15a, 16a, 16b, 16c, 16d, 16e, 17a, 17b, 17c, 18a, 18b, 19, 20a, 20b, 21a, 21b, 21c, 22a, 22b, 22c, 23a, 23b, 23c, 23d, 23e

English 4 - 1a, 1b, 1e, 2a, 9a, 9b, 9c, 9d, 10a, 10b, 13a, 13b, 13c, 13d, 13e, 15a, 16a, 16b, 16c, 16d, 16e, 17a, 17b, 17c, 18a, 18b, 19, 20a, 20b, 21a, 21b, 21c, 22a, 22b, 22c, 23a, 23b, 23c, 23d, 23e

Health- 1d; 2a; 8a, 8b, 9a, 9b, 13f

Books to Display

Fiction

Wintergirls by Laurie Halse Anderson

Letting Ana Go by Anonymous

Skinny by Donna Cooner

Skinny by Ibi Kaslik

Butter by Erin Jade Lange

Trick of the Light by Lois Metzger

Shrink to Fit by Dona Sarkar

Skin by Adrienne Maria Vrettos

Paper Valentine by Brenna Yovanoff

Non-Fiction

Food as Foe: Nutrition and Eating Disorders by Lesli J. Favor

Eating Disorders by Jeff Hill

Eating Disorders: Opposing Viewpoints by Jennifer A. Hurley, Ed.

Truth about Eating Disorders by Mark J. Kittleson, Ed

The Eating Disorders Update: Understanding Anorexia, Bulimia, and Binge Eating by Alvin Silverstein, Virginia B. Silverstein & Laura Silverstein Nunn

Understanding Compulsive Eating by Carolyn Simpson

Nutrition and Eating Disorders by Lori A. Smolin

Supply List

Books- either researched in the library or pulled and brought to your room by the librarian

Web sites (see attached list)

Computers

Paper

Pens

MLA handbook

Son of Citation Machine or other citation generator -- <http://www.citationmachine.net/>

Powerpoint or Google Presentation

Databases (as school subscriptions allow)

Description

Each group/person will research a different eating disorder and its effects on the human body. Students will create a presentation on either Powerpoint or Google Presentation to present their findings to the class. Each presentation must include a Works Cited page in MLA format to be graded with the attached rubric or one like it.

Resources

Google Presentation, Powerpoint or other presentation software

Books

Websites

Databases (as school subscriptions allow)

Presentation Rubric http://imet.csus.edu/imet6/canet/classes/csus/i_met/284/PPRubric-1.pdf

Activity 2: What is Beauty? Persuasive Essay

Introduction

Write a 26 line persuasive essay on the topic of beauty and body image.

TEKS

English 1 - 1a, 1b, 1e, 2a, 9, 10, 13, 15a, 15d, 16, 17, 18, 19, 20, 21, 22, 23

English 2 - 2a, 9, 10, 11b, 12a, 12b, 12c, 13, 15c, 16, 17, 18, 19, 20, 21, 22, 23

English 3 - 8, 9, 10, 11, 12, 13, 16, 17, 18, 19, 20, 21, 22, 23

English 4 - 8, 9, 10, 12, 13, 17, 18, 19, 20, 21, 22, 23

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Supply List

Books (see Books to Display List)

Paper

Pens

Description

Students will write a persuasive essay in response to the following statements:

“Looks tell you everything you need to know about a person.” Discuss the validity of this statement.

“Beauty is only skin deep.” Discuss the truth of this idiom.

Students will have 26 lines to persuade their reader just as they do on the 10th Grade EOC.

Use the End of Course STAAR grading Rubric to grade the

essay. http://www.comalisd.org/Curriculum_Instruction/Language_Files/ELA_Rubrics/Rubric-EOC-Eng2-Wrtg-Persuasive.pdf

Activity Resources

EOC Essay Grading Guide

EOC Grading Rubric

http://www.comalisd.org/Curriculum_Instruction/Language_Files/ELA_Rubrics/Rubric-EOC-Eng2-Wrtg-Persuasive.pdf

Activity 3: Healthy Relationships - Are Your Relationships Healthy?

Introduction

The student will evaluate a relationship/friendship they are currently in or have been in to determine if it is indeed a healthy relationship.

TEKS

English 1 - 1a, 1b, 1e, 2a, 9a, 9b, 9c, 9d, 10a, 10b, 13a, 13b, 13c, 13d, 13e, 15a, 16a, 16b, 16c, 16d, 16e, 17a, 17b, 17c, 18a, 18b, 19, 20a, 20b, 21a, 21b, 21c, 22a, 22b, 22c, 23a, 23b, 23c, 23d, 23e

English 2 - 1a, 1b, 1e, 2a, 9a, 9b, 9c, 9d, 10a, 10b, 13a, 13b, 13c, 13d, 13e, 15a, 16a, 16b, 16c, 16d, 16e, 17a, 17b, 17c, 18a, 18b, 19, 20a, 20b, 21a, 21b, 21c, 22a, 22b, 22c, 23a, 23b, 23c, 23d, 23e

English 3 - 1a, 1b, 1e, 2a, 9a, 9b, 9c, 9d, 10a, 10b, 13a, 13b, 13c, 13d, 13e, 15a, 16a, 16b, 16c, 16d, 16e, 17a, 17b, 17c, 18a, 18b, 19, 20a, 20b, 21a, 21b, 21c, 22a, 22b, 22c, 23a, 23b, 23c, 23d, 23e

English 4 - 1a, 1b, 1e, 2a, 9a, 9b, 9c, 9d, 10a, 10b, 13a, 13b, 13c, 13d, 13e, 15a, 16a, 16b, 16c, 16d, 16e, 17a, 17b, 17c, 18a, 18b, 19, 20a, 20b, 21a, 21b, 21c, 22a, 22b, 22c, 23a, 23b, 23c, 23d, 23e

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Shrink to Fit by Dona Sarkar

Skin by Adrienne Maria Vrettos

Paper Valentine by Brenna Yovanoff

Non-Fiction

Relationships: 21st-century Roles by Bethany Bezdecheck

But I Love Him: Protecting Your Teen Daughter from Controlling, Abusive Dating

Relationships by Dr. Jill Murray

The Complete Idiot's Guide to a Healthy Relationship by Judith Kuriansky

On Relationships: A Book for Teenagers by Kimberly Kirberger

Everything You need to Know About Dating and Relationships by Erin M. Hovanec

Dating, Relationships, and Sexuality: What Teens Should Know by Wendy hart Beckman

Supply List

Article on healthy relationships (Example: Am I in a Healthy Relationship? by the Nemours Foundation

http://kidshealth.org/PageManager.jsp?dn=KidsHealth&lic=1&ps=207&cat_id=20126&article_set=20975

Graphic Organizer PDF- Is Your Relationship Healthy?

Paper

Pens

Description

Students will select a relationship/friendship they want to analyze then read the article either aloud or silently depending on your teaching preference. Have students define their relationship using the graphic organizer (Is Your Relationship Healthy?). This does not have to be a group activity or discussion. Due to the sensitive nature of the activity, privacy is suggested.

After teens have filled out the graphic organizer and evaluated the health of the relationship, they should write a short essay about the relationship. Is it a healthy relationship? Why or why not? This is a guided reader response the article. It allows the students to search their souls and see that some relationships are toxic. The length of the response can be determined by the teacher. This activity can be adapted to most timeframes and should encourage teens to think reflectively.

Resources

“Am I In A Healthy Relationship” via KidsHealth -
http://kidshealth.org/PageManager.jsp?dn=KidsHealth&lic=1&ps=207&cat_id=20126&article_set=20975

Graphic Organizer PDF- Is Your Relationship Healthy?