“Mindful Living in a Mindless World” Keynote Bio with Nina Sidell, M.A.

Mindfulness is at the heart of effective coping and strategizing during these times. By increasing awareness and discovering neutrality, you develop greater self-compassion and resilience. Listen to Nina’s engaging Keynote Talk and take away new skills you can use immediately.

Nina Sidell, M.A. is the internationally prestigious Mom’s Choice Award-Winning Author of, “Parenting for Life.” The Mother of Lifetime Parenting, Nina introduces a new paradigm for the parent-child lifetime relationship with homework at the end of each chapter. Deepak Chopra says, If you are interested in conscious parenting, this book is an excellent guide. Nina is currently working on her second book of inspiring tips to bring more peace and consciousness to the world.

Nina is a seasoned Psychotherapist with 30+ in Clinical Private Practice. She works with women, parents, co-parents, and children and also offers divorce support. She facilitates other people’s growth, skillfully teaching how to find awareness and strength during times of transition, conflict, and grief. Nina educates, encourages, and inspires her audiences, clients, and readers to live their best lives at home and at work. She supports others to find their voice, power, and love.

Book Signing and discussion following her talk. Please bring $20 cash or check for your signed copy of, “Parenting for Life.”

www.LiveInspiredwithNina.com
Ida Arlene Joiner is the Senior Librarian at the Universal Academy in Texas. She is the author of the book Emerging Library Technologies: It's Not Just for Geeks (Elsevier, 2018). Her forthcoming book on Drones in Libraries will be available in July 2020 (Elsevier). Ida has published numerous articles on emerging technologies. She is an international and national presenter on emerging technologies. Ida is a member of MIT’s Technology Review Global Panel. She discussed Are Drones Coming to Your Library on the Drone Radio Show. Ida is currently pursuing doctoral studies in Texas Wesleyan University’s Curriculum and Instruction program. She is a member of LITA’s Information Technology and Libraries board where she peer reviews articles for their peer reviewed open source journal. Ida peer reviews technology-related book proposals for Elsevier. She formerly co-chaired the Publications Committee for ALA’s International Relations Roundtable (IRRT). Ida holds her MLIS from the University of Pittsburgh and a BA degree in Business Management from Chatham University. Her research focuses on emerging technologies such as drones, robotics, driverless vehicles, artificial intelligence, augmented/virtual reality, and their use in libraries and education. In her role as a project management consultant, Ida saved PNC Bank, PPG, Tucker Arensberg, Las Colinas Cancer, and Texas Breast Care thousands of dollars in technical and training costs.
Cecilia Barham

Cecilia Barham has worked in libraries, if you include her year as a 4th grade library aid, for 28 years. She has worked in both academic and public libraries. In 2005, she became director of the Decatur Public Library, one of two libraries named finalists for the Bill and Melinda Gates/Library Journal Best Small Library in America in 2012. She was a member of the 2006 TALL Texans class and has served on TLA’s Technology Task Force, the Texas Topaz Reading List Committee, and the 2013 Conference Program Committee. Cecilia was co-chair of the 2017 Conference Program Committee and has served as chair of District 7 and the Public Libraries Division. Currently she is director of library services at North Richland Hills Library, and 2019-2020 TLA President.