



## District 7 Fall Meeting - 2022

Friday, October 14 Decatur Conference Center

### Conference Schedule

8:00 – 9:00 AM	<b>Registration and Exhibits</b>
9:00 – 9:15 AM	<b>Welcome – Sponsored by Library Interiors of Texas</b>
9:15 – 10:00 AM	<b>Opening Keynote – Sponsored by ByWater Solutions</b> <i>Presenter: Ashley Smalley – YOUNity Begins with You</i>
10:00 – 10:15 AM	<b>BREAK– Sponsored by Library Interiors of Texas</b>
10:15 – 11:00 AM	<b>Opening Keynote - Sponsored by ByWater Solutions</b> <i>Presenter: Ashley Smalley – Communication that Connects</i>
11:00 - 11:10 AM	<b>BREAK – Sponsored by Library Interiors of Texas</b>
11:10 – 12:00 PM	<b>Guidelines for Emergency Management</b> <i>Presenter: Cody Powell, Wise County EMC &amp; Nate Mara, City of Decatur EMC</i>
12:00 – 12:45 PM	<b>LUNCH BREAK – Sponsored by Library Interiors of Texas</b>
12:45 – 1:30 PM	<b>Mindfulness and Employee Burnout</b> <i>Presenter: Cary Adkinson, Professor</i>
1:30 – 1:45 PM	<b>BREAK – Sponsored by Library Interiors of Texas</b>
1:45 – 2:30 PM	<b>Conflict Resolution – Active Shooter Training</b> <i>Presenter: Royce Gastineau</i>
2:30 – 2:50 PM	<b>Chair Yoga</b> <i>Presenter: Susan Whitmer, TWU Digital Projects Librarian and yoga teacher</i>
2:50 – 3:20 PM	<b>Closing remarks and announcements; District 7 business meeting</b>
3:20 PM	<b>ADJOURN</b>
4:00 PM	<b>Meet in Downtown Decatur at Trinity Street Coffee Bar</b> <i>For anyone wanting to continue conversations, join us for an early Happy Hour.</i>

### Special Thank You

TLA President

TLA Staff

### District Meeting Conference Sponsors:

Library Interiors of Texas

ByWater Solutions